

# Bully Proof Pre/Post Test

School: \_\_\_\_\_

Date: \_\_\_\_\_

Grade: \_\_\_\_\_

Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female

	Strongly Agree	Agree	Uncertain	Disagree	Strongly Disagree
1. Words can hurt someone just as much as hitting them.	1	2	3	4	5
2. There are many ways to show courage when dealing with a bully.	1	2	3	4	5
3. Even if someone was mean to me in the past, I would stand up for them.	1	2	3	4	5
4. I feel big and tough when I push people around.	1	2	3	4	5
5. Sometimes a person doesn't have any choice but to fight.	1	2	3	4	5
6. I like the attention I get when I tell a joke about someone and everyone else laughs.	1	2	3	4	5
7. If I ask an adult for help when someone teases me, that is tattling.	1	2	3	4	5
8. Messing with peoples clothes is just a joke.	1	2	3	4	5
9. If I am mad at someone, I just ignore them.	1	2	3	4	5
10. Even if other kids would think I am weird, I would try and stop a fight.	1	2	3	4	5
11. If I back down from a fight, everyone will think I am chicken.	1	2	3	4	5
12. There are better ways to solve problems than fighting.	1	2	3	4	5